

**2023 NE ATST All or Nothing Meet - 7/7/2023 to 7/9/2023**  
**meets.swimdna.org/atst-23jul, Sanction #: NE23-0707ATST**  
**Meet Program - Friday Night Distance Session**

**Event 1 Mixed 400 LC Meter Freestyle**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 7 Timed Finals Starts at 05:00 PM</b>				
1	Keroack, Joe A	M16	Amherst Tritons Swim Team-NE	4:55.01
2	Van Duzer, Joelle R	W13	Holyoke YMCA Vikings-NE	4:49.76
3	Sun, Teddy H	M16	Amherst Tritons Swim Team-NE	4:23.07
4	Perron, Grace E	W13	Holyoke YMCA Vikings-NE	4:48.26
5	Stariknok, Erin M	W15	Phoenix Swimming-NE	4:54.61
6	Hopkins, Josephine M	W17	Amherst Tritons Swim Team-NE	4:55.04
<b>Heat 2 of 7 Timed Finals Starts at 05:06 PM</b>				
1	Sun, Timmy H	M14	Amherst Tritons Swim Team-NE	5:04.54
2	Potter, Nicky M	M14	Amherst Tritons Swim Team-NE	4:58.80
3	Dragon, Drake R	M14	Holyoke YMCA Vikings-NE	4:55.77
4	Mason, Julianna A	W18	Holyoke YMCA Vikings-NE	4:58.03
5	Chambers, Finnley G	W15	Amherst Tritons Swim Team-NE	5:01.38
6	Tolokh, Sophia E	W13	Charles River Aquatics-NE	5:09.63
<b>Heat 3 of 7 Timed Finals Starts at 05:11 PM</b>				
1	Dame, Carter J	M13	Phoenix Swimming-NE	5:23.50
2	Xie, Nolan Y	M12	Amherst Tritons Swim Team-NE	5:18.13
3	Spiridopoulos, Audrey J	W15	Amherst Tritons Swim Team-NE	5:09.77
4	Travers, Lyla G	W14	Phoenix Swimming-NE	5:10.49
5	Bugli, Will C	M13	Phoenix Swimming-NE	5:19.80
6	Bloomenthal, Clara A	W15	Amherst Tritons Swim Team-NE	5:30.36
<b>Heat 4 of 7 Timed Finals Starts at 05:17 PM</b>				
1	Garcia, Olivia J	W14	Phoenix Swimming-NE	5:43.99
2	Harrington, Will M	M11	Amherst Tritons Swim Team-NE	5:40.30
3	Aquino, Leah M	W14	Phoenix Swimming-NE	5:32.73
4	Cabral, Sophia A	W13	Phoenix Swimming-NE	5:34.49
5	Wheeler, Maggie R	W13	Amherst Tritons Swim Team-NE	5:42.05
6	Phillips, Camden A	M13	Unattached Holyoke YMCA-NE	5:45.85
<b>Heat 5 of 7 Timed Finals Starts at 05:23 PM</b>				
1	Cote, Siobhan E	W12	Holyoke YMCA Vikings-NE	6:05.84
2	Wells, Bobby S	M10	Amherst Tritons Swim Team-NE	5:48.95
3	Pinson, Micah A	M13	Phoenix Swimming-NE	5:46.17
4	Zhang, Leif	M14	Phoenix Swimming-NE	5:47.19
5	Zhang, Jeff	M13	Phoenix Swimming-NE	6:05.58
6	Robison, Daniel C	M10	Amherst Tritons Swim Team-NE	6:14.16
<b>Heat 6 of 7 Timed Finals Starts at 05:30 PM</b>				
1	Keroack, Faith E	W15	Amherst Tritons Swim Team-NE	NT
2	Cote, Shaina M	W10	Holyoke YMCA Vikings-NE	6:32.56
3	L'Italien, Cameron M	M10	Amherst Tritons Swim Team-NE	6:17.79
4	Ryczek, Oscar E	M8	Holyoke YMCA Vikings-NE	6:32.18
5	Fielding, Emma	W11	Gator Swim Club West-NE	6:42.26
6	Williams, Benjamin J	M11	Amherst Tritons Swim Team-NE	NT
<b>Heat 7 of 7 Timed Finals Starts at 05:37 PM</b>				
1	Ladin, Phoenix K	M10	Amherst Tritons Swim Team-NE	NT
2	Salois, Sammy	W10	Gator Swim Club West-NE	NT
3	Van Duzer, Ari M	W11	Holyoke YMCA Vikings-NE	NT
4	Johnson, Amelia E	W11	Amherst Tritons Swim Team-NE	NT
5	Workman, Lucas A	M10	Amherst Tritons Swim Team-NE	NT
6	Nguyen, Mickayla H	W9	Gator Swim Club West-NE	NT