

2023 NE ATST All or Nothing Meet - 7/7/2023 to 7/9/2023
meets.swimdna.org/atst-23jul, Sanction #: NE23-0707ATST
Results - Friday Night Distance Session

Event 1 Girls 10 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Cote, Shaina M	10	Holyoke YMCA Vikings-NE	6:32.56	6:31.97
40.58	1:29.77 (49.19)	2:18.82 (49.05)	3:10.40 (51.58)	
4:01.38 (50.98)	4:52.40 (51.02)	5:43.36 (50.96)	6:31.97 (48.61)	
2 Salois, Sammy	10	Gator Swim Club West-NE	NT	6:48.84
1:36.85 ()	2:29.86 (53.01)	3:24.15 (54.29)		
5:11.19 ()	6:01.04 (49.85)	6:48.84 (47.80)		
3 Nguyen, Mickayla H	9	Gator Swim Club West-NE	NT	7:26.91
48.73	1:44.12 (55.39)	2:42.29 (58.17)	3:39.53 (57.24)	
4:37.40 (57.87)	5:33.44 (56.04)	6:31.15 (57.71)	7:26.91 (55.76)	

Event 1 Girls 11-12 400 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Cote, Siobhan E	12	Holyoke YMCA Vikings-NE	6:05.84	6:02.84
38.89	1:24.21 (45.32)	2:09.69 (45.48)	2:56.91 (47.22)	
3:44.18 (47.27)	4:32.61 (48.43)	5:18.49 (45.88)	6:02.84 (44.35)	
2 Van Duzer, Ari M	11	Holyoke YMCA Vikings-NE	NT	6:05.45
40.02	1:26.58 (46.56)	2:13.97 (47.39)	2:59.98 (46.01)	
4:34.96 ()	5:21.64 (46.68)	6:05.45 (43.81)		
3 Fielding, Emma	11	Gator Swim Club West-NE	6:42.26	6:47.66
43.70	1:35.40 (51.70)	2:29.79 (54.39)	3:22.86 (53.07)	
4:15.36 (52.50)	5:07.99 (52.63)	5:58.81 (50.82)	6:47.66 (48.85)	

Event 1 Girls 13-14 400 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Van Duzer, Joelle R	13	Holyoke YMCA Vikings-NE	4:49.76	4:44.54
30.80	1:06.70 (35.90)	1:43.23 (36.53)	2:20.22 (36.99)	
2:56.73 (36.51)	3:33.82 (37.09)	4:09.04 (35.22)	4:44.54 (35.50)	
2 Perron, Grace E	13	Holyoke YMCA Vikings-NE	4:48.26	4:57.63
31.85	1:08.68 (36.83)	1:46.78 (38.10)	2:25.40 (38.62)	
3:04.15 (38.75)	3:42.47 (38.32)	4:20.92 (38.45)	4:57.63 (36.71)	
3 Tolokh, Sophia E	13	Charles River Aquatics-NE	5:09.63	5:02.51
33.78	1:10.71 (36.93)	1:49.72 (39.01)	2:28.35 (38.63)	
3:08.07 (39.72)	3:47.01 (38.94)	4:25.89 (38.88)	5:02.51 (36.62)	
4 Travers, Lyla G	14	Phoenix Swimming-NE	5:10.49	5:05.98
34.51	1:11.81 (37.30)	1:50.03 (38.22)	2:29.27 (39.24)	
3:08.37 (39.10)	3:47.61 (39.24)	4:27.53 (39.92)	5:05.98 (38.45)	
5 Cabral, Sophia A	13	Phoenix Swimming-NE	5:34.49	5:21.87
35.61	1:15.33 (39.72)	1:56.82 (41.49)	2:38.08 (41.26)	
3:20.54 (42.46)	4:02.09 (41.55)	4:43.80 (41.71)	5:21.87 (38.07)	
6 Aquino, Leah M	14	Phoenix Swimming-NE	5:32.73	5:22.45
34.96	1:15.83 (40.87)	1:57.53 (41.70)	2:39.50 (41.97)	
3:21.34 (41.84)	4:03.69 (42.35)	4:43.96 (40.27)	5:22.45 (38.49)	
7 Garcia, Olivia J	14	Phoenix Swimming-NE	5:43.99	5:39.81
37.60	1:19.41 (41.81)	2:02.49 (43.08)	2:46.28 (43.79)	
3:29.96 (43.68)	4:13.74 (43.78)	4:57.40 (43.66)	5:39.81 (42.41)	
8 Wheeler, Maggie R	13	Amherst Tritons Swim Team-NE	5:42.05	5:49.40
38.08	1:20.51 (42.43)	2:05.75 (45.24)	2:51.13 (45.38)	
3:37.24 (46.11)	4:22.32 (45.08)	5:07.67 (45.35)	5:49.40 (41.73)	

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Event 1 Women 15 & Over 400 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Stariknok, Erin M	15	Phoenix Swimming-NE	4:54.61	4:50.01
	32.97	1:08.35 (35.38)	1:45.71 (37.36)	2:23.16 (37.45)
	2:59.99 (36.83)	3:36.85 (36.86)	4:14.31 (37.46)	4:50.01 (35.70)
2 Chambers, Finnley G	15	Amherst Tritons Swim Team-NE	5:01.38	5:02.11
	32.95	1:10.68 (37.73)	1:49.64 (38.96)	2:28.14 (38.50)
	3:07.32 (39.18)	3:47.12 (39.80)	4:25.13 (38.01)	5:02.11 (36.98)
3 Mason, Julianna A	18	Holyoke YMCA Vikings-NE	4:58.03	5:02.14
	34.20	1:12.40 (38.20)	1:51.01 (38.61)	2:30.07 (39.06)
	3:08.41 (38.34)	3:47.07 (38.66)	4:25.47 (38.40)	5:02.14 (36.67)
4 Hopkins, Josephine M	17	Amherst Tritons Swim Team-NE	4:55.04	5:02.61
	34.33	1:10.86 (36.53)	1:49.29 (38.43)	2:27.33 (38.04)
	3:06.41 (39.08)	3:44.29 (37.88)	4:24.48 (40.19)	5:02.61 (38.13)
5 Spiridopoulos, Audrey J	15	Amherst Tritons Swim Team-NE	5:09.77	5:10.62
	33.83	1:12.45 (38.62)	1:52.59 (40.14)	2:33.28 (40.69)
	3:14.10 (40.82)	3:54.36 (40.26)	4:33.65 (39.29)	5:10.62 (36.97)
6 Bloomenthal, Clara A	15	Amherst Tritons Swim Team-NE	5:30.36	5:31.61
	36.55	1:16.89 (40.34)	2:00.04 (43.15)	2:42.38 (42.34)
	3:25.54 (43.16)	4:07.44 (41.90)	4:50.28 (42.84)	5:31.61 (41.33)
7 Keroack, Faith E	15	Amherst Tritons Swim Team-NE	NT	5:36.74
	34.79	1:15.55 (40.76)	1:59.48 (43.93)	2:44.19 (44.71)
	3:28.10 (43.91)	4:11.67 (43.57)	4:55.08 (43.41)	5:36.74 (41.66)

Event 1 Boys 10 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Wells, Bobby S	10	Amherst Tritons Swim Team-NE	5:48.95	5:50.15
	38.15	1:22.35 (44.20)	2:06.44 (44.09)	2:51.94 (45.50)
	3:37.89 (45.95)	4:22.52 (44.63)	5:07.87 (45.35)	5:50.15 (42.28)
2 Ladin, Phoenix K	10	Amherst Tritons Swim Team-NE	NT	6:01.03
	39.85	1:24.98 (45.13)	2:10.69 (45.71)	2:56.77 (46.08)
	3:43.00 (46.23)	4:29.84 (46.84)	5:16.30 (46.46)	6:01.03 (44.73)
3 Robison, Daniel C	10	Amherst Tritons Swim Team-NE	6:14.16	6:17.02
	40.72	1:27.60 (46.88)	2:17.06 (49.46)	3:04.92 (47.86)
	3:54.77 (49.85)	4:43.13 (48.36)	5:31.32 (48.19)	6:17.02 (45.70)
4 Ryczek, Oscar E	8	Holyoke YMCA Vikings-NE	6:32.18	6:18.46
	41.04	1:28.15 (47.11)	2:16.89 (48.74)	3:05.03 (48.14)
	3:54.88 (49.85)	4:43.41 (48.53)	5:31.46 (48.05)	6:18.46 (47.00)
5 Workman, Lucas A	10	Amherst Tritons Swim Team-NE	NT	6:36.65
	42.82	1:32.87 (50.05)	2:24.14 (51.27)	3:16.11 (51.97)
	4:06.53 (50.42)	4:58.27 (51.74)	5:49.17 (50.90)	6:36.65 (47.48)

Event 1 Boys 11-12 400 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Xie, Nolan Y	12	Amherst Tritons Swim Team-NE	5:18.13	5:13.43
	34.19	1:12.42 (38.23)	1:52.77 (40.35)	2:34.29 (41.52)
	3:15.16 (40.87)	3:56.32 (41.16)	4:36.13 (39.81)	5:13.43 (37.30)
2 Harrington, Will M	11	Amherst Tritons Swim Team-NE	5:40.30	5:35.81
	37.13	1:18.99 (41.86)	2:01.87 (42.88)	2:44.88 (43.01)
	3:28.09 (43.21)	4:11.21 (43.12)	4:54.43 (43.22)	5:35.81 (41.38)
3 Williams, Benjamin J	11	Amherst Tritons Swim Team-NE	NT	6:05.50
	40.84	1:26.77 (45.93)	2:13.18 (46.41)	2:59.74 (46.56)
		4:34.17 ()	5:20.76 (46.59)	6:05.50 (44.74)

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Name	Age	Team	Seed Time	Finals Time
1 Dragon, Drake R	14	Holyoke YMCA Vikings-NE	4:55.77	4:52.71
31.24	1:07.46 (36.22)	1:44.80 (37.34)	2:23.16 (38.36)	
3:00.94 (37.78)	3:38.74 (37.80)	4:16.46 (37.72)	4:52.71 (36.25)	
2 Sun, Timmy H	14	Amherst Tritons Swim Team-NE	5:04.54	4:54.99
34.86	1:12.51 (37.65)	1:50.60 (38.09)	2:28.91 (38.31)	
3:06.00 (37.09)	3:42.83 (36.83)	4:19.16 (36.33)	4:54.99 (35.83)	
3 Potter, Nicky M	14	Amherst Tritons Swim Team-NE	4:58.80	4:58.98
33.04	1:10.97 (37.93)	1:49.03 (38.06)	2:27.48 (38.45)	
3:05.18 (37.70)	3:42.87 (37.69)	4:20.78 (37.91)	4:58.98 (38.20)	
4 Dame, Carter J	13	Phoenix Swimming-NE	5:23.50	5:13.28
35.88	1:14.48 (38.60)	1:54.44 (39.96)	2:34.96 (40.52)	
3:14.45 (39.49)	3:54.86 (40.41)	4:35.52 (40.66)	5:13.28 (37.76)	
5 Bugli, Will C	13	Phoenix Swimming-NE	5:19.80	5:13.32
35.74	1:16.27 (40.53)	1:55.63 (39.36)	2:35.46 (39.83)	
3:16.15 (40.69)	3:55.88 (39.73)	4:35.99 (40.11)	5:13.32 (37.33)	
6 Phillips, Camden A	13	Unattached Holyoke YMCA-NE	5:45.85	5:20.00
36.16	1:17.36 (41.20)	1:59.00 (41.64)	2:40.83 (41.83)	
3:22.60 (41.77)	4:04.05 (41.45)	4:42.95 (38.90)	5:20.00 (37.05)	
7 Pinson, Micah A	13	Phoenix Swimming-NE	5:46.17	5:41.98
38.10	1:20.81 (42.71)	2:04.86 (44.05)	2:49.23 (44.37)	
3:32.38 (43.15)	4:16.46 (44.08)	4:59.23 (42.77)	5:41.98 (42.75)	
8 Zhang, Leif	14	Phoenix Swimming-NE	5:47.19	5:50.90
37.70	1:22.11 (44.41)	2:06.79 (44.68)	2:52.38 (45.59)	
3:36.84 (44.46)	4:22.57 (45.73)	5:07.67 (45.10)	5:50.90 (43.23)	
9 Zhang, Jeff	13	Phoenix Swimming-NE	6:05.58	6:10.12
39.39	1:24.97 (45.58)	2:12.26 (47.29)	2:59.27 (47.01)	
3:47.59 (48.32)	4:35.01 (47.42)	5:24.12 (49.11)	6:10.12 (46.00)	

Event 1 Men 15 & Over 400 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Sun, Teddy H	16	Amherst Tritons Swim Team-NE	4:23.07	4:21.26
29.06	1:01.46 (32.40)	1:34.12 (32.66)	2:07.87 (33.75)	
2:40.74 (32.87)	3:14.58 (33.84)	3:48.27 (33.69)	4:21.26 (32.99)	
2 Keroack, Joe A	16	Amherst Tritons Swim Team-NE	4:55.01	4:50.47
30.97	1:06.59 (35.62)	1:43.37 (36.78)	2:20.70 (37.33)	
2:57.60 (36.90)	3:34.81 (37.21)	4:13.18 (38.37)	4:50.47 (37.29)	