2024 ATST Here Comes the Sun
Specialty LCM Meet
Art Linkletter Natatorium at Springfield College
233 Alden St, Springfield MA 01109
April 5-7, 2024
Held under the sanction of USA Swimming/New England: NE24-0405ATST

Event Schedule

Friday Distance

Warm Up: 4:00 PM   **Start Time: 5:00 PM**

Girls/Mixed Event #	Event	Boys Event #
1	Open 400 IM	2
	10 Minute Break (Pool is Open)	
3	11&Over Mixed 1500 Freestyle	

Saturday 13&Over

Warm Up: 7:00 AM   **Start Time: 8:00 AM**

Girls Event #	Event	Boys Event #
4	13&Over 200 Freestyle	5
6	13&Over 50 Butterfly	7
	10 Minute Break (Pool is Open)	
8	13&Over 200 Backstroke	9
10	13&Over 100 Breaststroke	11
	10 Minute Break (Pool is Open)	
12	13&Over 200 Butterfly	13
14	13&Over 50 Freestyle	15

Saturday Distance (and Time Trials)

Warm Up: 12:30 PM   **Start Time: 12:55 PM**

Mixed Event #	Event
16	11&Over Mixed 800 Free

Saturday 12&Under

Warm Up: 2:20 PM   **Start Time: 3:20 PM**

Girls Event #	Event	Boys Event #
17	12&Under 200 Freestyle	18
19	12&Under 50 Butterfly	20
	10 Minute Break (Pool is Open)	
21	12&Under 200 Backstroke	22
23	12&Under 100 Breaststroke	24
	10 Minute Break (Pool is Open)	
25	12&Under 200 Butterfly	26
27	12&Under 50 Freestyle	28

Sunday 13&Over

Warm Up: 7:00 AM   **Start Time: 8:00 AM**

Girls Event #	Event	Boys Event #
29	13&Over 50 Backstroke	30
31	13&Over 100 Butterfly	32
	10 Minute Break (Pool is Open)	
33	13&Over 50 Breaststroke	34
35	13&Over 100 Freestyle	36
37	13&Over 200 IM	38
	10 Minute Break (Pool is Open)	
39	13&Over 100 Backstroke	40
41	13&Over 200 Breaststroke	42

Sunday Distance

Warm Up: 12:30 PM   **Start Time: 12:55 PM**

Mixed Event #	Event
43	Mixed 400 Free

Sunday 12&Under

Warm Up: 2:00 PM   **Start Time: 3:00 PM**

Girls Event #	Event	Boys Event #
44	**12&Under 50 Backstroke**	45
46	**12&Under 100 Butterfly**	47
	10 Minute Break (Pool is Open)	
48	**12&Under 50 Breaststroke**	49
50	**12&Under 100 Freestyle**	51
52	**12&Under 200 IM**	53
	10 Minute Break (Pool is Open)	
54	**12&Under 100 Backstroke**	55
56	**12&Under 200 Breaststroke**	57