

2025 ATST Western Mass Showdown - 10/17/2025 to 10/19/2025
Visit meets.swimdna.org/atst-25oct for meet info!, Sanction #: NE26-1017ATST
Results - Sunday Distance Session

Event 51 Mixed 500 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Copeland, Kale M	17	Amherst Tritons Swim Team-NE	4:40.64	4:56.70
	26.78	56.05 (29.27)	1:26.12 (30.07)	1:56.53 (30.41)	
	2:26.57 (30.04)	2:56.94 (30.37)	3:27.08 (30.14)	3:57.71 (30.63)	
	4:27.82 (30.11)	4:56.70 (28.88)			
2	Bulatewicz, Leo	16	Holyoke YMCA Vikings-NE	5:06.09	5:17.01
	27.69	58.70 (31.01)	1:29.93 (31.23)	2:01.89 (31.96)	
	2:34.27 (32.38)	3:06.95 (32.68)	3:39.51 (32.56)	4:12.39 (32.88)	
	4:45.34 (32.95)	5:17.01 (31.67)			
3	Zlogar, J.R. R	17	Amherst Tritons Swim Team-NE	5:52.90	5:24.32
	27.07	58.11 (31.04)	1:30.54 (32.43)	2:02.84 (32.30)	
	2:35.81 (32.97)	3:10.05 (34.24)	3:43.35 (33.30)	4:17.36 (34.01)	
	4:51.87 (34.51)	5:24.32 (32.45)			
4	Kelly, Maeve A	13	Amherst Tritons Swim Team-NE	5:30.78	5:34.96
	31.04	1:04.68 (33.64)	1:39.03 (34.35)	2:13.44 (34.41)	
	2:47.84 (34.40)	3:22.09 (34.25)	3:55.95 (33.86)	4:29.87 (33.92)	
	5:03.05 (33.18)	5:34.96 (31.91)			
5	Workman, Lucas A	12	Amherst Tritons Swim Team-NE	5:48.99	5:37.32
	29.62	1:04.08 (34.46)	1:38.63 (34.55)	2:14.08 (35.45)	
	2:48.43 (34.35)	3:22.00 (33.57)	3:56.29 (34.29)	4:31.87 (35.58)	
	5:06.08 (34.21)	5:37.32 (31.24)			
6	Bull-Cohen, Neko A	15	Amherst Tritons Swim Team-NE	5:36.19	5:38.55
	30.06	1:04.39 (34.33)	1:39.33 (34.94)	2:13.88 (34.55)	
	2:48.56 (34.68)	3:22.95 (34.39)	3:57.23 (34.28)	4:31.78 (34.55)	
	5:05.67 (33.89)	5:38.55 (32.88)			
7	Nguyen, Frank H	16	Amherst Tritons Swim Team-NE	NT	5:40.51
	29.26	1:02.49 (33.23)	1:36.67 (34.18)	2:11.28 (34.61)	
	2:46.26 (34.98)	3:21.18 (34.92)	3:56.43 (35.25)	4:31.75 (35.32)	
	5:06.56 (34.81)	5:40.51 (33.95)			
8	Kennedy, Aaron T	16	Amherst Tritons Swim Team-NE	5:37.28	5:41.09
	30.64	1:04.06 (33.42)	1:38.45 (34.39)	2:13.45 (35.00)	
	2:48.31 (34.86)	3:23.23 (34.92)	3:57.76 (34.53)	4:32.56 (34.80)	
	5:07.50 (34.94)	5:41.09 (33.59)			
9	Martin, Nick S	17	Amherst Tritons Swim Team-NE	5:40.23	5:45.44
	28.90	1:01.56 (32.66)	1:35.81 (34.25)	2:11.11 (35.30)	
	2:46.38 (35.27)	3:22.42 (36.04)	3:59.17 (36.75)	4:36.39 (37.22)	
	5:12.53 (36.14)	5:45.44 (32.91)			
10	Demers, Teagen S	17	Amherst Tritons Swim Team-NE	5:51.42	5:49.04
	31.13	1:05.50 (34.37)	1:40.64 (35.14)	2:15.98 (35.34)	
	2:51.63 (35.65)	3:27.45 (35.82)	4:03.46 (36.01)	4:40.00 (36.54)	
	5:15.12 (35.12)	5:49.04 (33.92)			
11	Bloomenthal, Clara A	17	Amherst Tritons Swim Team-NE	5:49.50	5:57.95
	31.25	1:05.54 (34.29)	1:41.22 (35.68)	2:17.50 (36.28)	
	2:53.76 (36.26)	3:30.99 (37.23)	4:07.88 (36.89)	4:45.04 (37.16)	
	5:21.23 (36.19)	5:57.95 (36.72)			
12	Rubin-Esposito, Lea C	14	Amherst Tritons Swim Team-NE	6:00.99	5:59.38
	31.00	1:05.33 (34.33)	1:40.84 (35.51)	2:17.30 (36.46)	
	2:54.61 (37.31)	3:31.89 (37.28)	4:09.41 (37.52)	4:47.20 (37.79)	
	5:24.68 (37.48)	5:59.38 (34.70)			
13	Trincerri, Lilah M	12	Amherst Tritons Swim Team-NE	5:55.86	6:00.69
	32.83	1:08.82 (35.99)	1:45.51 (36.69)	2:21.96 (36.45)	
	2:58.95 (36.99)	3:35.75 (36.80)	4:13.01 (37.26)	4:50.00 (36.99)	
	5:26.03 (36.03)	6:00.69 (34.66)			

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Name	Age	Team	Seed Time	Finals Time
14 Trinceri, Alexa L	13	Amherst Tritons Swim Team-NE	5:50.09	6:01.60
32.49	1:07.83 (35.34)	1:44.00 (36.17)	2:21.05 (37.05)	
2:57.97 (36.92)	3:34.85 (36.88)	4:11.95 (37.10)	4:48.73 (36.78)	
5:25.67 (36.94)	6:01.60 (35.93)			
15 Lanausse, Skyler M	16	Amherst Tritons Swim Team-NE	6:37.58	6:02.36
32.28	1:07.74 (35.46)	1:44.11 (36.37)	2:20.69 (36.58)	
2:57.57 (36.88)	3:34.90 (37.33)	4:12.08 (37.18)	4:49.89 (37.81)	
5:27.14 (37.25)	6:02.36 (35.22)			
16 McCollum, Gil F	14	Amherst Tritons Swim Team-NE	6:19.93	6:02.99
31.99	1:07.88 (35.89)	1:44.49 (36.61)	2:21.57 (37.08)	
2:58.42 (36.85)	3:35.75 (37.33)	4:13.31 (37.56)	4:50.76 (37.45)	
5:27.45 (36.69)	6:02.99 (35.54)			
17 Viles, Malia L	15	Amherst Tritons Swim Team-NE	7:29.38	6:06.75
32.34	1:08.87 (36.53)	1:46.15 (37.28)	2:23.97 (37.82)	
3:01.44 (37.47)	3:38.91 (37.47)	4:16.90 (37.99)	4:54.35 (37.45)	
5:31.39 (37.04)	6:06.75 (35.36)			
18 Verda, Talya R	13	Holyoke YMCA Vikings-NE	6:21.51	6:13.53
33.66	1:11.53 (37.87)	1:50.45 (38.92)	2:28.56 (38.11)	
3:06.31 (37.75)	3:44.25 (37.94)	4:22.11 (37.86)	4:59.89 (37.78)	
5:38.45 (38.56)	6:13.53 (35.08)			
19 Dube, Amaya N	12	Amherst Tritons Swim Team-NE	NT	6:14.85
32.95	1:09.91 (36.96)	1:47.54 (37.63)	2:25.83 (38.29)	
3:05.58 (39.75)	3:44.66 (39.08)	4:22.60 (37.94)	5:01.42 (38.82)	
5:39.12 (37.70)	6:14.85 (35.73)			
20 Stancheva, Sophia S	11	Amherst Tritons Swim Team-NE	NT	6:21.85
32.86	1:10.20 (37.34)	1:49.51 (39.31)	2:29.38 (39.87)	
3:09.01 (39.63)	3:48.79 (39.78)	4:28.29 (39.50)	5:07.33 (39.04)	
5:45.64 (38.31)	6:21.85 (36.21)			
21 Fielding, Emma C	13	Amherst Tritons Swim Team-NE	6:10.55	6:24.83
33.83	1:12.30 (38.47)	1:51.35 (39.05)	2:30.71 (39.36)	
3:11.18 (40.47)	3:50.80 (39.62)	4:29.78 (38.98)	5:08.39 (38.61)	
5:47.52 (39.13)	6:24.83 (37.31)			
22 Smith, Riley M	13	Amherst Tritons Swim Team-NE	6:20.39	6:28.20
34.15	1:12.37 (38.22)	1:52.76 (40.39)	2:31.57 (38.81)	
3:11.30 (39.73)	3:51.23 (39.93)	4:31.74 (40.51)	5:11.55 (39.81)	
5:50.60 (39.05)	6:28.20 (37.60)			
23 Sengle-Chin-Hong, Maggie S	11	Amherst Tritons Swim Team-NE	NT	6:33.31
33.31	1:13.47 (40.16)	1:53.50 (40.03)	2:33.77 (40.27)	
3:15.43 (41.66)	3:56.54 (41.11)	4:37.37 (40.83)	5:18.03 (40.66)	
5:58.32 (40.29)	6:33.31 (34.99)			
24 Pokharel, Kushal	12	Holyoke YMCA Vikings-NE	7:09.96	6:36.40
33.98	1:13.27 (39.29)	1:53.42 (40.15)	2:33.91 (40.49)	
3:14.87 (40.96)	3:55.44 (40.57)	4:36.47 (41.03)	5:17.63 (41.16)	
5:58.74 (41.11)	6:36.40 (37.66)			
25 Noh, Heejin	10	Amherst Tritons Swim Team-NE	7:37.70	6:37.79
34.95	1:14.77 (39.82)	1:55.05 (40.28)	2:36.50 (41.45)	
3:17.74 (41.24)	3:59.31 (41.57)	4:40.39 (41.08)	5:20.97 (40.58)	
6:00.98 (40.01)	6:37.79 (36.81)			
26 Elsner, Tatum E	16	Amherst Tritons Swim Team-NE	6:23.61	6:38.28
34.71	1:14.77 (40.06)	1:55.88 (41.11)	2:36.50 (40.62)	
3:17.88 (41.38)	4:00.09 (42.21)	4:41.58 (41.49)	5:22.07 (40.49)	
6:01.54 (39.47)	6:38.28 (36.74)			

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	Name	Age	Team	Seed Time	Finals Time
27	Albornoz Olivares, Luis G	12	Amherst Tritons Swim Team-NE	NT	6:42.42
	36.06	1:14.87 (38.81)	1:54.33 (39.46)	2:35.93 (41.60)	
	3:17.70 (41.77)	3:59.18 (41.48)	4:41.99 (42.81)	5:25.04 (43.05)	
	6:05.78 (40.74)	6:42.42 (36.64)			
28	Sarr, Ami R	11	One Aquatics-NE	7:02.78	6:43.26
	37.81	1:18.96 (41.15)	2:00.38 (41.42)	2:42.52 (42.14)	
	3:21.29 (38.77)	4:02.69 (41.40)	4:43.49 (40.80)	5:24.95 (41.46)	
	6:06.30 (41.35)	6:43.26 (36.96)			
29	Sidorovnin, Nicholas	12	Holyoke YMCA Vikings-NE	6:55.53	6:43.69
	34.76	1:13.92 (39.16)	1:55.77 (41.85)	2:37.50 (41.73)	
	3:19.85 (42.35)	4:01.15 (41.30)	4:43.94 (42.79)	5:24.51 (40.57)	
	6:05.79 (41.28)	6:43.69 (37.90)			
30	Werner, Gretchen A	12	Upper Valley Aquatic Club-NE	6:41.70	6:44.27
	35.70	1:16.97 (41.27)	1:58.91 (41.94)	2:41.09 (42.18)	
	3:22.47 (41.38)	4:04.29 (41.82)	4:45.85 (41.56)	5:27.61 (41.76)	
	6:07.75 (40.14)	6:44.27 (36.52)			
31	Ai, Lucas Z	10	Amherst Tritons Swim Team-NE	8:01.15	6:50.56
	35.06	1:16.50 (41.44)	1:59.03 (42.53)	2:41.70 (42.67)	
	3:24.12 (42.42)	4:06.86 (42.74)	4:49.53 (42.67)	5:31.72 (42.19)	
	6:12.08 (40.36)	6:50.56 (38.48)			
32	Gorneault, Lilly M	10	Amherst Tritons Swim Team-NE	7:07.28	7:02.01
	37.57	1:19.96 (42.39)	2:03.93 (43.97)	2:47.46 (43.53)	
	3:31.67 (44.21)	4:15.37 (43.70)	4:58.42 (43.05)	5:41.03 (42.61)	
	6:22.47 (41.44)	7:02.01 (39.54)			
33	Sapozhnikov, Asya	9	Karishim Swim Club-NE	7:06.08	7:07.15
	38.64	1:23.60 (44.96)	2:06.67 (43.07)	2:50.65 (43.98)	
	3:33.36 (42.71)	4:17.67 (44.31)	5:00.19 (42.52)	5:44.04 (43.85)	
	6:27.27 (43.23)	7:07.15 (39.88)			
34	Abdul-Knerr, Isra J	10	Amherst Tritons Swim Team-NE	7:50.44	7:15.03
	38.66	1:22.16 (43.50)	2:07.67 (45.51)	2:52.68 (45.01)	
	3:36.88 (44.20)	4:21.11 (44.23)	5:05.89 (44.78)	5:50.26 (44.37)	
	6:33.81 (43.55)	7:15.03 (41.22)			
35	Sherburne, Kieran C	10	Amherst Tritons Swim Team-NE	7:15.00	7:20.00
	39.07	1:22.94 (43.87)	2:08.58 (45.64)	2:53.37 (44.79)	
	3:38.22 (44.85)	4:23.73 (45.51)	5:09.27 (45.54)	5:54.29 (45.02)	
	6:37.89 (43.60)	7:20.00 (42.11)			
36	Vouvakis, Ariadne S	11	One Aquatics-NE	7:56.63	7:33.01
	38.88	1:24.04 (45.16)	2:10.64 (46.60)	2:58.43 (47.79)	
	3:44.59 (46.16)	4:31.06 (46.47)	5:18.07 (47.01)	6:04.67 (46.60)	
	6:50.50 (45.83)	7:33.01 (42.51)			
37	Rubin-Esposito, Molly E	9	Amherst Tritons Swim Team-NE	7:49.06	7:49.61
	39.59	1:26.66 (47.07)	2:15.03 (48.37)	3:03.64 (48.61)	
	3:53.53 (49.89)	4:43.73 (50.20)	5:31.81 (48.08)	6:19.51 (47.70)	
	7:05.79 (46.28)	7:49.61 (43.82)			
38	Kittrell, Adela J	11	Amherst Tritons Swim Team-NE	9:00.01	8:20.70
	41.47	1:31.27 (49.80)	2:21.21 (49.94)	3:12.20 (50.99)	
	4:04.53 (52.33)	4:56.14 (51.61)	5:48.17 (52.03)	6:39.01 (50.84)	
	7:30.79 (51.78)	8:20.70 (49.91)			
39	Jameson, Brody B	10	Amherst Tritons Swim Team-NE	NT	8:24.01
	42.25	1:31.10 (48.85)	2:22.72 (51.62)	3:14.81 (52.09)	
	4:08.37 (53.56)	5:02.86 (54.49)	5:56.87 (54.01)	8:24.01 (2:27.14)	