



2026 CRIM October Sprint Meet

Linsey Pool - Brandeis University



Warm Up Assignments

Warm Up 1

8:00-8:20 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Crimson	Crimson	Crimson	Crimson	Crimson	Crimson

Warm Up 2

8:20-8:40 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Crimson	Crimson	Crimson	Crimson	Tiburon	Tiburon

Warm Up 3

8:40-9:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Y of North Shore	Y of North Shore	Y of North Shore	Tiburon	Tiburon	Tiburon
Pool Clears at 9:00 AM			Meet Starts at 9:10 AM		

October 11th, 2026

*****All athletes must utilize Sit and Slide Entry
One-way sprints can be performed in team lanes*****

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