

**2025 Sacred Heart and Conn vs Holy Cross - 1/26/2025**  
**Welcome to the Hart Center Arena at College of the Holy Cross!**  
**Visit [meets.swimdna.org/hc-25shcc](https://meets.swimdna.org/hc-25shcc) for meet info!**  
**Session Report**

Session: 1 Swimming

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 Medley Relay	6	1 u	01:00 PM	_____
Finals	2 Men 200 Medley Relay	5	1 u	01:04 PM	_____
	Break: 5 Minutes:				
Finals	3 Women 1000 Freestyle	6	1 u	01:12 PM	_____
Finals	4 Men 1000 Freestyle	6	1 u	01:29 PM	_____
Finals	5 Women 200 Freestyle	6	1	01:45 PM	_____
Finals	6 Men 200 Freestyle	11	2 u	01:47 PM	_____
Finals	7 Women 100 Backstroke	6	1 u	01:51 PM	_____
Finals	8 Men 100 Backstroke	6	1 u	01:53 PM	_____
Finals	9 Women 100 Breaststroke	6	1 u	01:54 PM	_____
Finals	10 Men 100 Breaststroke	7	2	01:55 PM	_____
Finals	11 Women 200 Butterfly	6	1 u	01:58 PM	_____
Finals	12 Men 200 Butterfly	6	1 u	02:00 PM	_____
Finals	13 Women 50 Freestyle	10	2 u	02:03 PM	_____
Finals	14 Men 50 Freestyle	8	2 u	02:04 PM	_____
	Break: 15 Minutes:				
Finals	17 Women 100 Freestyle	9	2 u	02:20 PM	_____
Finals	18 Men 100 Freestyle	8	2 u	02:23 PM	_____
Finals	19 Women 200 Backstroke	6	1 u	02:25 PM	_____
Finals	20 Men 200 Backstroke	6	1 u	02:28 PM	_____
Finals	21 Women 200 Breaststroke	5	1 u	02:30 PM	_____
Finals	22 Men 200 Breaststroke	7	2 u	02:33 PM	_____
Finals	23 Women 500 Freestyle	6	1 u	02:38 PM	_____
Finals	24 Men 500 Freestyle	6	1 u	02:44 PM	_____
Finals	25 Women 100 Butterfly	9	2 u	02:49 PM	_____
Finals	26 Men 100 Butterfly	7	2 u	02:51 PM	_____
	Break: 10 Minutes:				
Finals	29 Women 400 IM	6	1 u	03:04 PM	_____
Finals	30 Men 400 IM	7	2 u	03:09 PM	_____
Finals	31 Women 200 Freestyle Relay	6	1 u	03:18 PM	_____
Finals	32 Men 200 Freestyle Relay	5	1 u	03:21 PM	_____
	Swimmers Counts for Warm-ups: 87	=====	=====		
	Entry / Heat Totals:	188	38		
	Finish Time			03:24 PM	_____

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**Session Report**

Session: 2 Diving

Day of Meet: 1 Starts at 01:10 PM Heat Interval: 0 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	15 Women 1 mtr Diving	10	0	01:10 PM	_____
Finals	16 Men 1 mtr Diving	4	0	01:40 PM	_____
	Break: 20 Minutes:				
Finals	27 Women 3 mtr Diving	4	0	02:12 PM	_____
Finals	28 Men 3 mtr Diving	1	0	02:24 PM	_____
	Swimmers Counts for Warm-ups: 14	=====	=====		
	Entry / Heat Totals:	19	0		
	Finish Time			02:27 PM	_____