

2026 Sacred Heart and Conn vs Holy Cross - 1/24/2026**Welcome to the Hart Center Arena!****Visit meets.swimdna.org/hc-26shcc for meet info!****Session Report**

Session: 1 Swimming

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 Medley Relay	6	1	01:00 PM	_____
Finals	2 Men 200 Medley Relay	6	1	01:04 PM	_____
	Break: 5 Minutes: Diving Commences				
Finals	3 Women 1000 Freestyle	6	1	01:13 PM	_____
Finals	4 Men 1000 Freestyle	6	1	01:26 PM	_____
Finals	5 Women 200 Freestyle	7	2	01:42 PM	_____
Finals	6 Men 200 Freestyle	8	2	01:48 PM	_____
Finals	7 Women 100 Backstroke	9	2	01:55 PM	_____
Finals	8 Men 100 Backstroke	6	1	01:59 PM	_____
Finals	9 Women 100 Breaststroke	6	1	02:02 PM	_____
Finals	10 Men 100 Breaststroke	7	2	02:04 PM	_____
Finals	11 Women 200 Butterfly	6	1	02:08 PM	_____
Finals	12 Men 200 Butterfly	6	1	02:11 PM	_____
Finals	13 Women 50 Freestyle	9	2	02:15 PM	_____
Finals	14 Men 50 Freestyle	6	1	02:17 PM	_____
	Break: 20 Minutes: First Diving Break				
Finals	17 Women 100 Freestyle	10	2	02:39 PM	_____
Finals	18 Men 100 Freestyle	9	2	02:42 PM	_____
Finals	19 Women 200 Backstroke	6	1	02:47 PM	_____
Finals	20 Men 200 Backstroke	6	1	02:50 PM	_____
Finals	21 Women 200 Breaststroke	6	1	02:54 PM	_____
Finals	22 Men 200 Breaststroke	7	2	02:57 PM	_____
Finals	23 Women 500 Freestyle	6	1 u	03:05 PM	_____
Finals	24 Men 500 Freestyle	6	1 u	03:14 PM	_____
Finals	25 Women 100 Butterfly	9	2	03:22 PM	_____
Finals	26 Men 100 Butterfly	6	1 u	03:26 PM	_____
	Break: 10 Minutes: Second Diving Break				
Finals	29 Women 200 IM	8	2 u	03:38 PM	_____
Finals	30 Men 200 IM	8	2 u	03:46 PM	_____
Finals	31 Women 400 Freestyle Relay	6	1 u	03:53 PM	_____
Finals	32 Men 400 Freestyle Relay	6	1 u	04:00 PM	_____
	Swimmers Counts for Warm-ups: 85	=====	=====		
	Entry / Heat Totals:	193	39		
	Finish Time			04:07 PM	_____

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Session: 2 Diving

Day of Meet: 1 Starts at 01:10 PM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Women 1 mtr Diving	9	1	01:10 PM	_____
Finals	16 Men 3 mtr Diving	6	1	01:37 PM	_____
	Break: 10 Minutes: Diving Break				
Finals	27 Women 3 mtr Diving	9	1	02:05 PM	_____
Finals	28 Men 1 mtr Diving	6	1	02:32 PM	_____
	Swimmers Counts for Warm-ups: 15	=====	=====		
	Entry / Heat Totals:	30	4		
	Finish Time			02:50 PM	_____