

**2026 Conn vs Wheaton - 1/24/2026**  
**Welcome to the Balfour Natatorium**  
**Visit [meets.swimdna.org/wheaton-26cc](https://meets.swimdna.org/wheaton-26cc) for meet info!**  
**Session Report**

Session: 1 Swimming

Day of Meet: 1 Starts at 12:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

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Finals	1 Women 200 Medley Relay
Finals	2 Men 200 Medley Relay
	Break: 5 Minutes: Diving Commences
Finals	3 Women 1000 Freestyle
Finals	4 Men 1000 Freestyle
Finals	5 Women 200 Freestyle
Finals	6 Men 200 Freestyle
Finals	7 Women 100 Backstroke
Finals	8 Men 100 Backstroke
Finals	9 Women 100 Breaststroke
Finals	10 Men 100 Breaststroke
Finals	11 Women 200 Butterfly
Finals	12 Men 200 Butterfly
Finals	13 Women 50 Freestyle
Finals	14 Men 50 Freestyle
	Break: 20 Minutes: First Diving Break
Finals	17 Women 100 Freestyle
Finals	18 Men 100 Freestyle
Finals	19 Women 200 Backstroke
Finals	20 Men 200 Backstroke
Finals	21 Women 200 Breaststroke
Finals	22 Men 200 Breaststroke
Finals	23 Women 500 Freestyle
Finals	24 Men 500 Freestyle
Finals	25 Women 100 Butterfly
Finals	26 Men 100 Butterfly
	Break: 10 Minutes: Second Diving Break
Finals	29 Women 200 IM
Finals	30 Men 200 IM
Finals	31 Women 200 Freestyle Relay
Finals	32 Men 200 Freestyle Relay
Finals	33 Mixed 200 Freestyle Relay Senior Only

Session: 2 Diving

Day of Meet: 1 Starts at 12:15 PM Heat Interval: 0 Seconds

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Finals	15 Women 1 mtr Diving
Finals	16 Men 3 mtr Diving
	Break: 10 Minutes: Diving Break
Finals	27 Women 3 mtr Diving
Finals	28 Men 1 mtr Diving