2026 Wheaton vs Coast Guard vs Springfield - 11/7/2026

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Session Report

Session: 1 Swimming

Day of Meet: 1 Starts at 11:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Finals	1	Women 400 Medley Relay
Finals	2	Men 400 Medley Relay
Finals	3	Women 1000 Freestyle
Finals	4	Men 1000 Freestyle
Finals	5	Women 200 Freestyle
Finals	6	Men 200 Freestyle
Finals	7	Women 100 Backstroke
Finals	8	Men 100 Backstroke
Finals	9	Women 100 Breaststroke
Finals	10	Men 100 Breaststroke
Finals	11	Women 200 Butterfly
Finals	12	Men 200 Butterfly
Finals	13	Women 50 Freestyle
Finals	14	Men 50 Freestyle
		Break: 15 Minutes:
Finals	17	Women 100 Freestyle
Finals	18	Men 100 Freestyle
Finals	19	Women 200 Backstroke
Finals	20	Men 200 Backstroke
Finals	21	Women 200 Breaststroke
Finals	22	Men 200 Breaststroke
Finals	23	Women 500 Freestyle
Finals	24	Men 500 Freestyle
Finals	25	Women 100 Butterfly
Finals	26	Men 100 Butterfly
		Break: 10 Minutes:
Finals	29	Women 200 IM
Finals	30	Men 200 IM
Finals	31	Women 400 Freestyle Relay
Finals	32	Men 400 Freestyle Relay

Session: 2 Diving

Day of Meet: 1 Starts at 11:10 AM Heat Interval: 0 Seconds

Finals	15	Women 1 mtr Diving
Finals	16	Men 1 mtr Diving
		Break: 15 Minutes:
Finals	27	Women 3 mtr Diving
Finals	28	Men 3 mtr Diving